7-Day Family Emergency Plan Challenge

One task a day, about 20 minutes each. Tick the box when the "done when" line is true. honest-little-apps.pages.dev/family-ready/7-day-family-emergency-plan-challenge/

	DAY	TASK	DONE WHEN	NOTES / WHO DID IT
☐	Day 1	**Find the shutoffs**	Water main, gas valve, breaker panel located and photographed	
☐	Day 2	**Contacts and two meeting places**	Out-of-area contact + two meeting places written down	
☐	Day 3	**Emergency Card**	An Emergency Card for each person in the house	
☐	Day 4	**Documents in one place**	Document list made; copies stored in two places	
☐	Day 5	**The 72-hour kit**	Kit checklist ticked; gaps on a shopping list	
☐	Day 6	**Pets, dependants, neighbours**	Pet and dependant notes done; one neighbour knows you	
☐	Day 7	**Walk it, then set the review**	Drill done; review date set	

Day 5 kit basics (Ready.gov):

- ☐ Water: 1 gallon per person per day, several days
- ☐ Food: several-day supply, non-perishable
- ☐ Flashlight + extra batteries
- ☐ First-aid kit
- ☐ Whistle
- ☐ Medications (7-day supply)
- ☐ Phone chargers / battery bank
- ☐ Dust masks, plastic sheeting, tape
- ☐ Wrench or pliers (utilities)
- ☐ Manual can opener
- ☐ Local maps
- ☐ Pet food, carrier, leash
- ☐ Cash, copies of documents
- ☐ Sanitation: wipes, bags, ties

Contacts: out-of-area contact _____ Meeting place A _____ Meeting place B _____ Review date _____

Free from Honest Little Apps, makers of Family Ready: Emergency Plan for iPhone. General preparedness information based on Ready.gov and Get Prepared (Canada); not medical or legal advice.